

EMERGENCY PREPAREDNESS

How Can I Make My Apartment Safer?

- ↑↑ Check to be sure that nothing heavy or breakable is hanging over your bed or desk — most injuries result from falling objects, not from collapsing buildings.
- ↑↑ Place your bed or desk chair so it is not directly next to or under a window. If this is not possible, sleep or sit with your head away from the window.
- ↑↑ Lock the wheels on TV stands, utility carts, etc. Secure your computer to its table — you can use velcro to attach computer parts to each other and to the table.
- ↑↑ Locate safe spots and danger spots in your apartment:
 - Safe Spots: Under heavy furniture, like a sturdy table or desk, in interior hallways, or braced in an interior corner away from shelves and windows.
 - Danger Spots: Windows, glass doors, mirrors, hanging objects, tall, unsecured furniture, fireplaces, skylights and kitchen area.
- ↑↑ Maintain emergency stocks of food, water and other supplies both in your apartment and in your car.
- ↑↑ Talk with your property owner/manager to learn where the gas, water and electric shut-offs are located. Learn how to shut off utilities in the event that lines are damaged.
 - (Safety Note: Don't try to re-light a gas pilot light yourself. Call the property owner/manager or the utility company).
- ↑↑ Plan a meeting place for all roommates in case you are separated at the time of the earthquake.

- ↑↑ Be prepared at all times. Carry all necessary equipment or medicines in your backpack, your car or both.

During The Quake

- ↑↑ If you are indoors, stay there. Get under a desk or table or stand in a corner or an interior hallway. Remember: **Duck, Cover, and Hold** on to something that is secure.
- ↑↑ If you are outdoors, move to any open area away from trees, buildings, walls, and power lines.
- ↑↑ If you are driving, pull over to the side of the road and stop. Stay in your car until the shaking is over.

After The Quake

- ↑↑ Use common sense.
- ↑↑ Use your car if no other shelter is available to you. You can use your car radio to obtain emergency information updates.
- ↑↑ Be prepared for aftershocks. Do not run downstairs or outside. Wait until all motion has stopped before leaving.
- ↑↑ Don't light a match or turn on a light. There may be leaking gas or electrical short circuits. At night, use a flashlight.
- ↑↑ Wear shoes for protection from debris and glass. Put on a jacket.
- ↑↑ Check for damage in utilities and appliances. Shut off gas valves if there is any chance of a leak.
- ↑↑ Don't use your telephone except for emergency calls. Don't use your car unless there is an emergency.